



European Association for Gestalt Therapy

## RESEARCH AND COMPETENCIES EVALUATION IN GESTALT THERAPY TRAININGS



**26<sup>th</sup> – 29<sup>th</sup> March 2020**  
**Warsaw**

Organized by the Research Committee of the European Association for Gestalt Therapy (EAGT)

Supported by Polish Society for Gestalt Psychotherapy (PTPG)

The seminar is organized by the EAGT Research Committee and reflects the need of supporting the teaching-learning community among trainers, who teach Gestalt therapy. It is **the first one of a series of seminars dedicated to Gestalt therapy trainers** to help them implementing research in their training and start evaluating through the competency's lens. It will have two parts:

### **1 - How to implement RESEARCH in the training programs**

The research part will focus on introducing psychotherapy research through a fundamental clinical issue, on using some simple research methodologies for students and on writing a research based single case study as a final paper at the end of a training.

### **2 - How to support self-evaluation of competencies of trainees.**

The competency part will focus on the self-evaluation of competencies as a way of continuous reflective learning in a training and will offer guidelines in order to do so.

The seminar will also offer a space for co-creating common knowledge in these topics through sharing and discussing participants' experiences and needs from their own trainers' practice.

Currently, the EAP plans to move towards the European Qualifications Framework (EQF), a credit-based system with a strong focus on meeting learning outcomes. We will expose to you the way it is intended to work and some possible consequences.

## **PARTICIPANTS**

All junior and senior trainers in Gestalt therapy and leaders of Gestalt trainings.

## **TRAINING GOALS**

- to learn how to introduce research as a support for clinical issues and provide the students some background in psychotherapy research
- to learn how to use some simple research methodologies and write a research based single case study at the end of the training
- to explore how to use the concept of therapeutic competencies for self-evaluation and feedback in the training

## **LANGUAGE**

English

## **REGISTRATION**

Online via <http://conference.eagt.org>

## **FEE**

€ 180 (lodging, meals and POLIN excluded)



## THURSDAY, March 26<sup>th</sup>, 2020

15:00h – 17:30h

### Optional guided city tour through Warsaw

*Offered by PTPG, Polish Society for Gestalt Psychotherapy*

18:00h-20:00h

### Welcome and getting acquainted

*Maya van Zelst and Sara Hendrick, trainers and members of the faculty of the IVC, will welcome the participants and facilitate the exchanges.*

20:00h

### Joint Dinner

## FRIDAY, March 27<sup>th</sup>, 2020

9:30h -12:30h

### Reporting the introduction of a pragmatic case study in a training

*Vikram Kolmannskog, associate professor at the Norwegian Gestalt Institute, will speak about the pragmatic case study that the final year therapy students do as part of their training at the institute. He will describe the method the students use and the elements required in the study report (intro, problem statement, method, verbatim case descriptions, discussion in light of a gestalt theory/model, final remarks). He will also describe the trainers' development in thinking about the case study and what is required of the students, and how this is taking place within the context of an academisation of the institute and training.*

12:30h-14:00h

### Lunch Break

14:00h – 16:00h

### Exposing some basic research methodologies for students

*Jan Roubal, psychiatrist, associate professor at the Brno university and past chair of the EAGT RC will speak about how research can be meaningfully implemented into the training program as case studies. Several suitable and easy methodological options will be presented.*

16:00h-16:30h

### Coffee Break

16:30h – 18:30h

### An experiential way to introduce students to research

*Vincent Beja, chair of the EAGT RC and Florence Belasco member of the EAGT RC, both cofounders of a post training gestalt institute, will speak about a practical way of including research into the training. They will demonstrate how an essential clinical issue can be used as an experiential way to introduce Gestalt students to research (i.e. current trends in research and practical implementation of a small sample of research).*

## SATURDAY, March 28<sup>th</sup>, 2020

9:30h -12:30h

### Exchange of experiences in research and trainer ship

*Maya Van Zelst and Sara Hendrick will be the facilitators*

12:30h-14:00h

### Lunch Break

14:00h-17:00h

### How to support self-evaluation of competencies of trainees.

*Gianni Francesetti, psychiatrist and past president of the EAGT, will give some guidelines in order to help*

*trainers offering and supporting self-evaluation of competencies to their trainees. Examples and practical tools will be offered.*

18:00h

### Guided tour at POLIN, Museum of the History of Polish Jews

*Organized by PTPG, Polish Society for Gestalt Psychotherapy (Single ticket 12,50 EUR)*

## SUNDAY, March 29<sup>th</sup>, 2020

9:30h-11:00h

### EQF7 standards alignment: emerging challenges for psychotherapy organizations

*Renata Mizerska, president elect of the EAGT and president of the PTPG will present the EAP project to move towards a credit-based system, the EQF-7 (European Qualifications Framework), which is used in Europe since 2012. This is intended to enable a much easier comparison between national qualifications and should also mean that people do not have to repeat their learning if they move to another country. The core of the EQF concerns eight reference levels describing what a learner knows, understands and is able to do – ,learning outcomes'.*

11:00h -11:30h

### Coffee Break

11:30h – 13:00h

### Integration of the seminar and closing